MEDIUMSHIP

A STUDY IN HUMAN SENSITIVITY

AND ITS DEVELOPMENT

by

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P O BOX 1569
LONG BEACH 1, CALIF.

FEB 17 1958

Issued By

THE HOLLOWAY SCHOOL
of PHILOSOPHY, HEALTH AND RELIGION

Publication Address:
Box 27866, Los Feliz Station
Los Angeles 27, California
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Religious knowledge and practice unfold from man's belief in an invisible spiritual world that somehow greatly affects the obvious world of physical existence. From this invisible world that cannot be touched by the senses, but can be sensed by the mind or psyche, emanates an influence that men call God or Spirit. Over the long ages of human evolution the idea or realization of God improves; the nobler the human soul, the nobler the God-Concept, and vice-versa. Men of mean and petty minds visualize a God of wrath, jealousy and other human frailties. We tend to endow the Creative Spirit with our own inmost attributes and subjective feelings!

So religion begins with the effort to know God, to understand something of the enigmatic Divine Mystery. The effort to experience directly and personally this Divine Reality we call Mysticism. Its contacts bring the highest moments of human experience. Socrates long ago averred that only the mystic is the true philosopher, as he alone is able "to see the vision of Truth in God."

Invisible Beings

The honest effort to know spiritual truth will sooner or later bring one to another great fact of the omniverse: the invisible world which surrounds and permeates this plane of existence is peopled with intelligent beings! Furthermore, as one might logically suppose, most of these beings have lived at one time or another normal human lives upon this planet--although there are other classes and hierarchies of Beings who have never existed in the flesh upon planet earth and probably never will do so.

The majority of earthly persons spend their lives in ignorance of the exact nature and function of these extra-terrestrial beings, or "spirits," but there are other sensitive mortals who in various ways contact and communicate with invisible personalities.

Persons whose minds and soul natures are sufficiently sensitized to make contact with invisible astral or etheric persons, we term "mediums" or simply sensitives. Stewart Edward White in his many psychical volumes calls them "stations"—others designate them as channels, instruments, transmitters or "contact points."

Opposition to Mediumship

It is to be expected that in an earthly civilization largely filled with spiritual ignorance and superstition, sensitive or mediumistic personalities are often misunderstood and frequently persecuted. Our western "culture" in particular, with its materialistic emphasis, looks askance at most attempts to communicate with the invisible world and its personalities. Both orthodox religion and materialistic science combine to vent their wrath upon those who presume to contact the higher worlds.

Yet the irony of it all is that the greatest figures of religion, and many of science, were sensitive by nature and often derived their inspirations and guidance from spiritual sources. Taking the direct example of Jesus, we recall that upon the Mount of Transfiguration the Master talked with Moses and Elijah. Those venerable men had been "dead" for long centuries, yet Jesus talked with them! The very churches who all too often scorn and persecute modern sensitives worship to the point of idolatry a Man-God who was both medium and adept! It should be noted that all adepts and true masters exercise mediumistic powers; unfortunately, not all mediums are adepts, in the sense of having gained full conscious control of their natures and faculties, and realized oneness with the Supreme Spirit. Adeptness is mediumship *plus,* but in this discourse we shall confine our remarks largely to mediumship and its phenomena.

Evil men of earth fear the invisible; they fear that their crimes and machinations will be uncovered, and they resent their inability to control or dominate by force the free spirits who move through the etheric planes. As long as materialism, war, crime and all other hideous aspects of negative human consciousness are so prevalent upon this planet, it can be assumed that mediumship will meet with intense opposition from various quarters. But the New Age is knocking at the door of our civilization, and one of its features will be raising of the Veil, at least in some good measure, that separates the worlds.

Theoretical Background

To understand human sensitivity one must realize that the entire universe is essentially psychical, mental and spiritual; that matter reduces to energy, which in turn derives from Mind, which emanates from Soul or Spirit. Thus the entire creation emanates from the Creative Spirit which is God.

This universe of visible and invisible manifestation is vibratory, or exists as a vast cosmic scale of vibratory frequencies of the one underlying substance, which we might call Etheric Mind-Substance. Our visible world of three dimensions is but a small fraction indeed of the assemblage of worlds and dimensions which constitute the omniverse. With our physical senses we see and know only the minutest fragments of the all-encompassing Reality. To believe that "seeing is believing" is to limit oneself hopelessly in the quest for knowledge. Modern nuclear physics is dealing almost entirely with invisible forces in its atomic and electronic researches. No man has ever seen an atom, yet note the effects of atomic developments! Why should human scientific investigation confine itself to atomic and electrical forces of nature? Why not explore the most wonderful of all mysteries—the mind in its many phases and dimensional contacts?

Etheric Worlds

People who leave this earthly plane through the process of "death" or transition pass into a subtler yet definite realm which psychic science terms astral or etheric. Other writings of this School detail the higher worlds, especially "Life After Death" and "The Future of Psychic and Occult Science."

It is important to accept and understand the reality of astral existence. People on the Other Side are living an active, intelligent and purposive life just as we are doing here. William Dudley Pelley created a national sensation in October, 1929, when his famous article appeared in the American magazine entitled "My Seven Minutes in Eternity." In this inspired piece of writing Pelley described in detail a nocturnal experience wherein he seemed to "die" and became conscious of his existence with friends and other persons in the astral plane. He recognized many of his old friends whose waxen faces he had last seen as they lay in caskets during earthly funeral ceremonies. Yet here they were, alive, active and very much themselves in a Higher Octave or Dimension of existence! Actually Mr. Pelley spent four hours in the etheric world that memorable evening in 1929 and it changed the entire course of his life. It resulted also in his establishing lifelong contacts with astral Mentors who poured through him many volumes of highly instructive literature.

The Pelley article in the American magazine brought 30,000 letters of inquiry from all over America, and created a sensation among spiritually minded people. Yet, to show the heavy hand and yoke of orthodoxy, every member of the editorial staff responsible for the publication of "Seven Minutes in Eternity" was subsequently dismissed in a cloud of disapproval, and from that day forward no Pelley writings appeared again in that magazine.

Types of Mediumship

The phenomena of mediumship are as multifarious and unique as the persons who manifest them. Every sensitive mortal has his own peculiar psychic constitution, and its gradual development will produce individualized manifestations. The stronger these powers come to be, usually the more unique is their exact expression.

Mediumistic phenomena divide themselves broadly into (1) mental and (2) physical. That is, psychical occurrences that happen within minds and have no external manifestation we term mental, while those happenings which result in the release or overt ex-

pression of energy in the physical world we term physical.

For example, one of the most popular mental phenomena is clairvoyance, or clear-seeing. The sensitive "sees" visions, signs, symbols, colors or pictures within, and describes them in relationship to personalities living or "dead." Another mental phenomenon in great demand is prophecy or divination. The medium mentally attunes with a person or condition and travels forward in time, predicting events in the presumed future. Sometimes prophecy comes as a result of interior vision or prescience; or again it may result from an inward voice or apparition which makes the prophecy, to be related by the medium to his hearers in turn.

Physical phenomena result in the application of energy under intelligent control upon this plane. During certain types of seances objects move about a room; they may be levitated or raised in the air, or they may disappear only to appear again. Even more impressive is the building up of human bodies or parts of bodies from a supernormal substance known as ectoplasm or teleplasm—into the "materialization" of friends and teachers from the Other Side.

Meaning of Entrancement

Mediums may be also classified in terms of whether their phenomena are produced while in conscious control of their faculties (conscious cooperation with the Higher World) or whether they permit themselves to lapse into a sleep-like condition known as trance. During stages of entrancement the vehicle and faculties of the medium are assumed by discarnate operators who then proceed to talk or otherwise manifest themselves in the three-dimensional world.

One of the greatest classics of psychic literature is "Spirit Teachings," a volume of exceptional instruction dictated through the pen of Rev. Stainton Moses of England by a band of Higher Intelligences. The principal Control, or operating intelligence, was known as Imperator and had been known in a previous earthly life as Malachias, a Hebrew prophet.

Dictating this information through Stainton Moses in 1875, the Imperator personality said that trance mediumship is to a certain extent abnormal, but that it was used at that time in order to secure exact and accurate communication between the worlds.

But this august personage predicted that in decades to come the "normal" type of communication would increasingly be that of *CONSCIOUS COOPERATION* between sensitized mortal minds, and their invisible friends and helpers of the subtle worlds.

Much has been said and written against trance mediumship, yet it has been practised down through the ages. Properly exercised for a good purpose by a medium of sound health and mind, with a suitable band of protectors and Guides from the Etheric, it would seem that much good has and will come through trance instrumentalities. There are some people whose destiny or mission seems to be that of serving as a trance medium. An example will be given from the author's personal experience.

Mark Probert as Trance Medium

During the past four years I have experienced sittings from time to time with an unusual sensitive of San Diego, California named Mark Probert. Mark is a slender man of 47 years who was born in New Jersey and had only a sixth grade education. He has worked at various occupations without considerable success, and prefers art work and painting to all other objective activities.

In 1946 Mrs. Probert began to be awakened at night by the sound of her husband babbling in strange tongues. This unusual faculty is termed "Xenoglossy" in psychic science. For weeks this continued frequently at night, until at last definite personalities seemed to emerge and make themselves known to her. Gradually this "Band" or Inner Circle of discarnate teachers gained effective control of their instrument and were able to give information through him when desired mutually.

The uniqueness of this mediumship, as I have studied it, is the exceptional wisdom and breadth of information of the Controlling Intelligences. The principal communicator, among 12 or more highly informative etheric people, is one known as Yada Di Shi'Ite, who lived prominently some 500,000 years ago in a Himalayan civilization known as "Yu" or "Yuga." Yada is a wise and witty soul indeed, and I have conversed with him for several hours over a period of four years. Yada and his colleagues exhibit knowledge far beyond the limited education of their medium, who is normally intelligent yet without academic training or wide reading experience.

Of course, the skeptical mind will always insist that the Yada personality is simply a segment of the subconscious mind of Mr. Probert. Elaborate attempts are usually made to "explain away" mediumistic phenomena without resort to the hypothesis of definite etheric personalities who are communicating. But when twelve or more of these Controls are very well defined personalities, and when they exhibit their identities over a period of years, it seems more intelligent to accept them as what they declare themselves to be, namely, distinct people from a Higher Octave of existence who are merely communicating through a selective channel whom they have carefully prepared for such a purpose over a considerable period of time.

It should be remarked in passing that the Mark Probert Controls have given for seven years a coherent and inclusive explanation of the flying saucer phenomena, to the effect that these aeroforms are mainly *etheric craft* which originate in and return to higher dimensions of existence, but which materialize when seen in our skies. This etheric hypothesis of the saucers and other aeroforms is the only one that explains all phenomena to date!

Most scientists, of course, with their materialistic orientation and bias, will hardly give a serious thought to information from supernormal sources such as this, but surely the open mind will ask first of all this question: Is it true? Does it fit the situation? And then the source or channel through which the information comes may be considered.

My Experiences with Arthur Ford

One of the greatest living mental mediums is a likeable gentleman of New York City named Arthur Ford. I have known him for three years and we have presented meetings together in large auditoriums of New York. Mr. Ford has been well known in America and Europe for nearly thirty years. His mediumship began to unfold during World War I when he was in the trenches of France with the American forces. He found that friends of his who died in battle began to appear to him; in fact, sometimes his first knowledge of their "passing" would be the presentation of their apparition or spiritual body to him in an unexpected moment of relaxation.

Following the war he contacted Sir Arthur Conan Doyle in London, and received much good advice and encouragement from the famed creator of Sherlock Holmes. Several years later he came into national prominence by giving to the widow of Harry Houdini, under test conditions, the "code" messages by which the famed magician had agreed to contact this world after his passing. Documents exist to prove that Arthur Ford "broke" the Houdini code by contacting his entity and receiving the evidential information.

Ford is both clairaudient and clairvoyant, and can work either while conscious or entranced. His specialty is seeing and hearing astral entities, or discarnate people. During one of our joint meetings in Philadelphia in 1953, he turned to a lady in the front row of the audience and said that he "saw" a man whom he took to be her husband, and that with him was Conan Doyle! He then gave personal information from her husband, and inquired what she knew of the connection with Doyle. The lady, who was a stranger to Mr. Ford, replied that her husband frequently went to England on business and was a close personal friend of Sir Arthur for many years! She accepted the communication as true, and highly evidential.

Arthur Ford has a "Control" named Fletcher who was a Canadian soldier-friend of his in France in 1918 and perished in battle. Fletcher is the principal trance control when Ford gives interviews of personal counsel and astral contact. Unlike Mark Probert, who does not specialize in giving personal advice but mostly in giving occult instruction, Arthur Ford counsels hundreds of people yearly and relays information to them from friends and loved ones on the Other Side.

Ford's principal teaching Control is a Dr. Bennett. One night during a trance sitting I heard Dr. Bennett deliver an eloquent and memorable discourse on reincarnation! He declared that Karma is the principal law of human experience, and that rebirth upon this plane is one of the ways of learning karmic lessons and evolving through experience.

Sherwood Eddy, the noted Christian thinker, in his excellent volume "You Will Survive After Death" pays tribute to Arthur Ford and details some very evidential information that he and Gerald Heard received during a sitting with Ford in Hollywood some years ago.

Arthur has had to experience many ups and downs of life, and various personal vicissitudes, but in this year of 1954 his mediumship is still functioning excellently and it is hoped that he may long continue his services to the public of such a helpful and unique nature.

Mediumship of Robert Douglas Carr

Before returning to explanations of the rationale of mediumship I should like to mention another interesting example of supernormal sensitivity. Robert Douglas Carr is a young man of Portland, Oregon. He is less than 30 years of age, but for years has studied Oriental and Hindu philosophy with devotion. For two years he attended our lectures in Portland, and conducted for a time a study group in behalf of the Holloway School.

About one year ago he sensed contacts from other minds and began to hold private meetings or sittings with friends. Out of these his mediumship began to unfold, and is still in process of development. Carr's sensitivity is unusual in that his principal Control is not a discarnate spirit at all, but is an Oriental sage and teacher named Sri Siddha, or Siddhagurunanda, who lives in the flesh in seclusion in the foothills of Nepal, upper India. Another Intelligence of his Band is a Mr. Parr, an Englishman who speaks with delightful accent and gives much interesting information about the etheric world and its relationship to our plane. Parr is a discarnate or deceased personality.

During the course of a sitting Sri Siddha told me that they (the medium's Band) intended to use him thus for only a year or so, and then would contact him only inspirationally as he proceeded with his career of teaching and spiritual activity in the arts.

No mediumship can receive complete evaluation until it is tested by time and experience, and usually following the transition of the person. There are, of course, hundreds of good mediums throughout America and the world who have never entered the personal experience of this writer. During the course of our extensive lecture tours I am always on the alert as a spiritual researcher and author and in years to come will doubtless witness and experience many remarkable demonstrations of contact between the worlds.

Importance of a Spiritual Band

A person developing supernormal sensitivity should have an optimum environment in this world, and strong ties of a positive nature with the Etheric. The Bible speaks of "clouds of witnesses" surrounding most earthly occasions of importance, and every mediumistic individual attracts "witnesses" and helpers from the Other Side.

In fact, to a great degree the nature and functions of the mediumship will depend upon the kind of astral or spirit people who cooperate with the medium. The Stainton Moses mediumship produced wonderful writings and other phenomena because of the collaboration of the Imperator Band of 49 exalted spirits. This same band later manifested through Mrs. Leonore Piper, also a Mrs. Chenoweth, and one of its members told me (through Arthur Ford) that it is preparing other qualified sensitives for the coming

years of intense spiritual activity throughout the world. It is intimated that the present writer may be one of the channels of influence through which the august Imperator Group will pour its wisdom and spiritual power.

The old saying that "Birds of a feather flock together" is definitely true in this world and the next. The loftier the aspirations of a person and the finer his or her sensibilities, the more exalted will be the collaborators from the Unseen who come to protect and inspire their selected channel.

Harry Edwards, the famed British spiritual healer, has an extraordinarily powerful band of healing forces and spirit doctors, including, among others, Pasteur and Lord Lister. There are said to be six American Indian personalities lending strength to the Harry Edwards healing mediumship, along with many other astral people who desire to help with transference of healing energy. The various books and writings of Mr. Edwards, including his fine magazine, "The Spiritual Healer" explain well how healing mediumship is developed, and how the Invisible Forces are pouring their healing power into today's world through many dedicated channels of loving service.

If you are musically inclined and wish etheric cooperation, you will draw to your aura the influence of inspiring musical personalities. Cyril Scott, British Theosophical writer, in his book "Music: Its Secret Influence Throughout the Ages" explains how the great composers of history were inspired either consciously or unconsciously from occult sources. Great music "came through" them, and they felt this exceptional power or spiritual quickening.

Psychic Pitfalls

Life is a study in contrasts, a constant struggle between opposing forces. Medicine is a noble art, but it is often prostituted for money and other base purposes in our times. All of the learned professions have their "shadowland" where ignoble persons deceive the public and cause much unhappiness and confusion.

Alas, as one might expect, it is the same with mediumship too. There are many subtle problems and pitfalls into which the unwary and especially the morally unprepared may fall.

An essential point to remember is this: *MEDIUMSHIP HAS NO NECESSARY RELATIONSHIP TO EITHER INTELLIGENCE OR CHARACTER.* The psychic sense comes at times to people who are quite uneducated; in fact, formal education sometimes appears to be a hindrance to the development of psychic and spiritual gifts. "A little knowledge is a dangerous thing" and can obstruct the vision and poison the mind regarding life's higher teachings.

People are sometimes surprised when sensitives, in their normal courses of daily experience, do not seem to know the answer to everything. Must the violinist be producing music with his violin 24 hours every day? Must a sensitive be in his higher consciousness at all times, and be reproached when he is not?

A rather amusing example of this occurred to us recently in a city of the Northwest. At our booktable a woman purchased several things and gave her personal check for $4. Somedays later this check "bounced" from the bank and we have never heard from her in reply to our letter inquiring about this, and we probably never shall hear a word from her. The woman gave us a "bad check." Now, said one of our friends, why did you not know the check was bad and refuse it when it was offered? The answer is that I was not trying to "tune in" at the time; I had just finished a long evening of instruction and was relaxing in more or less objective consciousness. It simply did not occur to me that the woman was passing a worthless check.

The public can be heartless and unkind in its effort to continually extract supernormal information from sensitives. About two weeks ago I gave an intuitive analysis and Life Reading to a lady, during the course of which various names and dates were given. Before a lecture several nights ago this lady rushed up to me and wanted to know right away the precise date of her Egyptian incarnation, also the full name that she bore during her French life in the 17th century. She assumed that such information would be on the tip of my tongue all of the time! Surely a little thought will show the absurdity of this.

The public must be educated to know what it can reasonably expect from its sensitives and mediums, and just when to expect information and services from the higher echelons of conscious existence.

The Character of Mediums

Trance mediumship in particular requires a certain "psychic idiosyncrasy" which of course only a small percentage of humanity has to any considerable degree. It is foolish to contend that "everyman" can develop good mediumship. Every normal person has sensitive faculties to a degree, but that does not mean that all will become good sensitives with splendid cooperation from High Intelligences.

Basic mediumship is a gift with which one is born--and it is often the fruitage of much effort and experience in previous incarnations. Usually its tendencies show up in childhood, and can be noted by discerning parents.

Now, one of the tragedies of the modern Psychic Movement is that there are some good mediums with ignoble characters. People will go to them for contact with the astral world, but, if they are morally sensitive, may be repelled by some of the things they see or hear. The dubious character and checkered careers of some rather noted mediums have given bad publicity to the spiritual cause. The religion of Spiritualism has had to contend with this problem for a least a hundred years.

Some mediums become alcoholics; others become addicted to drugs while there are a few who develop unwholesome or abnormal sexual practices. I am speaking of the minority, of course, but since "bad news makes news" it is this kind of medium who is often brought to public attention through our negative and flamboyant press.

I dislike mentioning this unpleasant aspect of our subject, but believe it is my duty to acquaint the reader with all aspects of the problems under consideration.

It should be emphasized again that most mediums are persons of good character and morals, comparable certainly to the average minister or priest of any religious denomination. And of course, many sensitives are people of exceptional moral and spiritual stature. They contact the highest intelligences and angelic forces, with result that their personalities show marked spirituality.

Low Etheric Influences

Recently in Los Angeles we presented a Flying Saucer Symposium and one of our guests was Mr. Truman Bethurum, who is distinguished by the fact that during 1952-53 he had eleven personal contacts in the Nevada and Utah desert with space people. He held conversations with a Captain Aura Rhanes and members of her crew of 32 men from the Planet Clarion. Speaking of earth in relationship to other planets, Captain Rhanes declared that ours is the only planet with war and constant strife; that we have far more disease and misery than any other body in this solar system, and indeed, that human life here is less evolved than almost anywhere else in the solar system! This statement, if true, should set back somewhat our foolish earthly egocentricity.

She indicated that the psychic or mental atmosphere of earth is often very bad indeed, and this is one of the causes of our wars and various miseries.

The best psychic literature and contacts have told us for decades that the etheric spheres or planes closest to the earth vibration are the abode of entities who lack evolvement and spiritual understanding. These low entities are filled with passions, hates and desires for sense experience, and it is folly to contact them in the hope of receiving anything good and truthful. There are "rescue circles" or special meetings held for the purpose of liberating and instructing these astral unfortunates, but that is help from this plane to theirs and not from them to us!

Unwary sensitives sometimes come under the influence of ignoble spirits, and this produces unhappiness as well as vicissitudes of life. The great defense against this is to always seek truth and the highest spiritual consciousness when reaching up into the invisible.

If one importunes the Invisible Forces regarding bets at horse-races, gambling on the stock market, or negative relationships in the personal life--how can anything but undeveloped intelligences reply to inquiries of such a relatively low vibration? Will Abraham Lincoln or Ralph Waldo Emerson advise you to sell certain shares and then hedge in the grain market? Will details, perhaps rather unlovely, of your personal life be items of concern to Oriental sages or to wise men of other generations? *LIKE ATTRACTS LIKE* in all worlds; foolish questions will attract foolish answers from the low etheric.

How to Develop Your Mediumship

A great city like New York has its slums and seamy side, but also it has wondrous beauties of the arts and culture. If you have a slum-consciousness that is where you will gravitate, whether in this world or the next.

So let us now turn our thoughts away entirely from the astral slums and hells and attune with all that is beautiful, true and good in the development of higher sensitivity.

As mentioned before, the New Age will see more and more conscious cooperation between the planes of existence. So first of all let us discuss the development of sensitivity by yourself. It should be noted that many of the greatest mediums and sensitives received their gifts when quite alone, and without the specific help of earthly mentors. It can be very helpful to have the advice and guidance of a developed sensitive, but it is not absolutely required.

Make up your mind from the very beginning that you want nothing but truth, and that you firmly desire contact with the Forces of Light, Love, Healing and universal loving good-will. The primary purpose of your development is the love of truth and the desire to be of service to humanity. If your desires are substantially less than this I would suggest forgetting the whole thing! If your real motive is desire for money, power over others, sense gratification or similar ideas you will inevitably come under the influence of Adversaries.

Mediumship in its early development and aspirations is very much the discipline given to candidates for Yogic powers. There must be intense *ASPIRATION* for the goal of spiritual unfoldment, and a willingness to sacrifice time, money, personal objective convenience and other considerations in order to attain the goal.

Then follows an intense effort to purify the body and mind, and to sustain the highest idealism consonant with your nature and role in life. Part of this purification program is the saturation of the mind with noble ideas from sacred writings, Holy Scriptures or other books that uplift and inspire you. Spend at least 15 to 30 minutes daily in the contemplative reading of good literature. Pause to read aloud to yourself passages that elicit an inner response of purity and spiritual contact.

Furthermore, you should avoid contaminating the mind with the low conscious impressions that so flood our contemporary society. Be very selective in radio and television programs that you may experience; in all literature that you read; in places that you go, and people you contact. If you find that certain persons or places "pull you down" into the lower frequencies of life, then avoid them.

Diet For Unfoldment

It is very difficult, if not impossible, to purify the body-mind without following some selective pattern of diet. Other writings of this School discuss dietary problems in some detail but this much should be said when discussing mediumship. The production of mental phenomena is encouraged by a diet that is low in animal food and high in

natural foods such as fresh fruits, green leafy vegetables, raw salads and natural proteins. I would certainly recommend that every person seeking New Age mediumship should contact their nearest health food stores and become acquainted with a truly scientific diet. Go to hear some of the best health lecturers when they visit your city. Realize that *YOU ARE WHAT YOU THINK AND EAT*, so do not neglect the dietary side of your life.

If you feel mentally and spiritually sluggish, with little desire for meditation and the higher cosmic contacts, I would suggest a short fast of 24 to 36 hours. Fasting quickens the spiritual centers, purifies the blood stream and helps to remove the strong hold of the senses and passions over the personality.

Go into meditation and spiritual concentration when the stomach is empty, preferably, or an hour or two after eating. The early morning hours are excellent for spiritual discipline, prayer and meditation---with perhaps only a glass of tepid water (with a little lemon juice if convenient) upon arising.

By and large the spiritual movement in America has neglected diet and fasting. Some of the churches serve outrageous food at their suppers and picnics---food that is calculated to de-spiritualize the most determined aspirant!

If you are undergoing training for phases of physical mediumship, under competent instruction from this world and the next, you may require more meat or animal protein than a prospective mental medium. But in any event, eat plenty of alkaline-reacting foods and much less of the acid-reacting foods. A healthy body with a vital bloodstream is an excellent foundation for any type of higher unfoldment.

Entering Meditation

You should plan to devote at least 30 minutes every day to developmental exercises, sometimes more, and certainly not less than 15 to 20 minutes. Could you learn to play the piano or violin without systematic practice and attention?

Establish, if possible, a certain room where you will sit for development---either by yourself or with others. This is your sanctum, oratory, chamber of meditation and Cosmic Contact. Beautify this sanctum with appropriate pictures and spiritual symbolism, according to your personal tastes. Use incense occasionally if it pleases and uplifts you.

Have a comfortable chair whose contours will permit straightening of the spine when desired. Sometimes you will want to sit back in complete relaxation and seemingly "fade away"; at other times you will have the spine erect, head erect and the feet either flat upon the floor (Egyptian posture) or the legs crossed at the ankles, right over the left (Yogic posture).

Breathing exercises are helpful as a basis for all forms of higher development. Consult our "Breathing Exercises and Meditation" for detailed instructions if you desire to practice the ancient art-science of breath control.

Sit for several minutes with the spine erect in good posture. Close the eyes and direct your inner attention to the Third Eye center just above the root of the nose, or low central forehead. Utter prayers that you find inspiring, or suitable affirmations, as: "I attune with God, with the universal Christ-Consciousness, and with the Forces of Light and Love. Spiritual power now enters my awareness and every part of my being. I am lifted up in higher contacts, protected by my Spiritual Band, and instructed now in accord with my needs and potentials of service. I thank God and the Invisible Teachers for this, and it is done!

Eventually every student frames his or her own affirmations. You will put them into language that is easiest and most natural for you. Another suggested positive thought for contact is:

"I attune with the world of Spirit and of Truth. I attract to me from all worlds the good that belongs to me, and the wisdom that is required for my life and service at this time. My thoughts of love radiate to all those who need them, in every plane of existence, and it is good. God is with me; the Forces of Light are protecting me and sealing my aura against intrusion or wrong contact. I am one with Truth, Beauty and Universal Good. Thanks be to God and my Spiritual Mentors for this, and so be it!"

Developing Receptiveness

Then you let go and relax into the silence of meditation and spiritual communion. First you will feel peaceful. Your objective problems and worries fade out of the picture. This fact alone is ample reward for time spent in meditation! You may or may not see colors, symbols or forms within.

Remember that the universal consciousness is flowing with you. *ALL IS WITHIN.* Everything in the external, macrocosmic universe exists in miniature, as it were, *WITHIN YOU* and is available to your questing consciousness.

So you relax and let flow. Perhaps nothing will come at all for the first few times you sit in spiritual silence. But in due course your consciousness will become alive with impressions, ideas, inspirations and thoughts that surpass your ordinary thinking powers.

New Age mediumship, supernormal sensitivity, is receptiveness to all ideas from the Mind of God and from the Forces of Light. The exact way you receive these impressions will depend upon your individual psychic constitution.

If you see lights and forms, it signifies that potential clairvoyance is operative. Do not strain or "try too hard" as this makes you objective and you will see nothing. Try to note these inner visions clearly and remember as many as possible. It is like having your own private built-in television screen! If your clairvoyant faculty is carefully nurtured, in time you will project your consciousness to distant places and persons; It is theoretically possible to roam the universe while the physical body rests in your own home!

Some developing students will see little or nothing at all, but will hear with the inner sense of auditory impressions. Pythagoras did this long ago and wrote of the "Music of the Spheres." Astral music is heavenly indeed, and far surpasses the most wonderful symphonies and melodies of earth.

If you hear voices, pause to listen to them and understand them. Remember that *YOU ARE CONTROLLING THE INCOMING OF ALL IMPRESSIONS.* You can turn on and off your mental radio and television set at will! Be very definite about this, as I am giving suggestions here for *CONSCIOUS COOPERATION* with the Cosmic plane. You are in charge of your ship of awareness, and while others may come along in to guide and influence you for a while, they do so with your permission and under your authoratative control at all times. The Bible says "The spirits of the prophets shall be subject to the prophets." This is good advice. You are collaborating with the Invisible Powers of God but you are remaining a free and independent agent.

Perhaps you will see astral people, but do not be disappointed if you fail to see and hear them. Many good sensitives are simply "clairsentient"; they do not see or hear anything, but they experience a wonderful *FLOW OF HELPFUL, TRUTHFUL IDEAS THROUGH THE INNER MIND.* This is the art of inner knowing, and it is a splendid form of higher sensitivity. It is the intuition functioning with power. You can know beyond physical limitations; you can prophecy; direct spiritual healing treatments to people all over the world—and many other things that are wonderful indeed.

All higher forms of Extra-Sensory Perception are centered in the Third Eye chakra in the forehead. I would suggest emphasizing this center, and not concentrating overly much upon the solar plexus and lower centers. Keep most of your spiritual concentration above the neck, and the higher centers will regulate and harmonize the lower ones.

Sitting For Development with Others

Traditional instruction for spiritual development has stressed the need for sitting in a class under the guidance of a qualified teacher. Under right conditions this can be very helpful. You should sit with a developed person whose personality is basically harmonious with your own. Also, the other persons in the class or group should be sympathetic. Antagonisms or persons of low consciousness create inharmony, which in turn opens the door for what the Imperator calls the "Adversaries."

When you sit with a group there should be sincere prayer, perhaps some good singing or chanting, also reading of Scriptures or sacred literature. Do everything possible to elevate the vibrations of the room and the assemblage. The intonation of mystical vowel sounds such as the AUM, or OOM—or RA and MA—is very good.

The teacher or developed medium, if skillful, will observe the aura of each student and will make suggestions for development. The auric field will show which faculties are going to develop first, and usually to what degree. If the student shows a tendency towards entrancement then the teacher of this particular type of class or circle will know how to guide the proceedings, and how to protect both the individual and the group.

Sitting with others is beneficial for those whose personal light is not too strong, or who are rather uncertain about the entire spiritual technique. Their will-force is augmented by the determination of others, and they draw additional energy from the combined auras and magnetic field of the class group.

Sealing the Human Aura

It is essential in spiritual work to keep the auric field magnetic and free from unwanted intrusion. You must always think of your personal magnetism as free from unwanted influence, and that only God and the Higher Teachers are affecting you in any way.

Every day in meditation it is wise to visualize the aura as sealed and strong in its own spiritual vibrations. Medieval philosophers called this the *MAGIC CIRCLE TECHNIQUE.*

Think of your aura as an egg-shaped field of magnetic and cosmic energy extending all around you for about 18 inches. Visualize this auric egg intently, and mentally say to yourself, "I now direct spiritual attention to the aura and its unlimited supply of cosmic magnetism. I now visualize the shell or circumference of my aura, and I see it is a *MAGIC CIRCLE OF LIGHT AND LOVE.* It fully encompasses, protects and guards the integrity of my aura. No vital energy is withdrawn against my will; no undesired thought or intelligence has any power over me or my life energies and thoughts against my will. I am spiritually free under God, protected by my Cosmic Forces, Teachers and Loved Ones of the Invisible. All of this I know to be true; I affirm, accept and believe it, with thanks to the Infinite Power, and it is done!"

Become habitually positive about the integrity of the aura; permit no one of this world or the next to shake your confidence in this fact, and *YOU ARE FREE.*

Those who become victims of obsession or wrong telepathic influence do so because subjectively they have not asserted, claimed and believed in their freedom! The only real freedom that man has is his freedom of thought. You can be in the darkest dungeon but if your will-force is active and your thoughts dynamic, you are free in spirit! Men can slay or imprison the body, but no one can enslave your thought if you will only have the manhood or womanhood to *ASSERT THE SIMPLE TRUTH OF YOUR FREEDOM BEFORE GOD.*

The Higher Forces have no desire to dominate you, but they wish to help, teach and inspire with your cooperation. The integrity of each soul-entity is a basic law of cosmic evolution, and is violated with severe karmic reaction.

Explanations of Phenomena

It may assist some of our readers to briefly define and explain some of the accepted

types of mental and physical phenomena. Remember that no sensitive develops all of these, so do not be discouraged if many of them elude you. Experience will show ere long what are your best tendencies in psychic development. Concentrate upon what you have, and unfold that, and do not worry what the other fellow may be cultivating in his supernormal garden.

Mental Phenomena:

Telepathy: The transference of thought energy or mental vibrations from one mind to another without any physical means. This applies not only to persons who are on the earth plane, but also between earth and the astral, or between two astral entities. Telepathy, we are told, is the basic means of astral thought communication. How cumbersome our earth languages do become, and often how inaccurate and misleading!

Clairvoyance: The seeing clearly of etheric or astral impressions from the higher dimensions of existence. Objective clairvoyance is with the eyes open, as in viewing the human aura; subjective clairvoyance is with the physical eyes closed, but concentrating upon the Third Eye center.

Subjective clairvoyance is the more remarkable, as it rests upon the Law of Psychic Attention. If you will direct your inward attention at the Third Eye center to any person, place or condition, in this or any world, it is possible to receive impressions about them, often immediately. I have used this technique successfully for years, and find that it blends well with the exercise of intuitional perceptions.

Clairaudience: The inner hearing of voices, sounds or other auditory impressions. Often trained clairaudients will "hear" the voice of etheric mentors and will relay these "heard" messages to members of an audience. Sometimes whole books are dictated through clairaudience.

Clairsentience: The instantaneous inner knowing of a truth about something or someone. It is the voice of *INTUITION*, the flash of revealed truth directly from the omniscient Cosmic Mind.

Psychometric Sensitivity

Psychometry: Exceptional sensitivity to the auras of objects, rooms and places, with the ability to "read the record" of its history and associations. The psychometrist can sense the relationships of objects and people, can detect crimes, find lost or misplaced objects and do many remarkable things. *THE UNIVERSE IS MENTAL*, so the mind can potentially travel anywhere, knows everything.

Prophecy or Divination: The capacity of the sensitive mind to travel in time, especially in the future. *ALL TIME IS NOW* for those able to attune with the timeless depths of Cosmic awareness. This gift of bridging the abyss of time also carries one into the so-called past, enabling the diviner to read the Akashic Record of previous incarnations of the soul-entity. Objective time is horizontal in past, present and future, while subjective or cosmic time is vertical, and moves in THE ETERNAL NOW.

Projection: Just as the mind can inwardly move in time, so can it travel in space, and that is psychic projection. *ALL IS WITHIN*, awaiting our consciousness of it. To visit Chicago you do not go there outwardly and objectively; you attune within your scope of spiritual awareness to what corresponds to Chicago, and you are there!

Healing: Just as the sensitized mind can transmit and receive thought vibrations, so can it send and receive the mental frequencies which have healing potency. Healing power is thus mentally transmitted! We call this absent treatment. There is yet another dimension of this: Discarnate healers or spirit doctors can attune with the developed healer, and they direct additional power through Cosmic Mind to the patients in any part of the world. The etheric healers move instantly through Mind to diagnose the condition and to direct healing forces for relief and cure of conditions. Immense possibilities will unfold for this type of healing approach in the New Age. The days of drugs and most medicines will soon be over, to the immense improvement of world health.

Inspirational Writing: Exalted Spiritual Forces often inspire sincere writers, sometimes even controlling the pen or typewriter as the thoughts come tumbling out. This can be done in or out of trance, at various levels or degrees of inspirational influence. There is, for example, some Cosmic influence in the production of this discourse, but it is by no means total. All writers and creative artists should pray and meditate for for inspirational help from the Higher Octaves of existence. When such inspiration reaches great heights it becomes genius. Men like Thomas Edison and Henry Ford received many of their best ideas directly from Cosmic Sources.

Inspirational Speech: Just as Spirit can influence the flow of thought through pen or typewriter, so can the ideas of speech come under inspiration, either in conversation or before an audience. Noble oratory always exhibits a cosmic factor; inspirational speakers begin with only a few thoughts in mind but the Forces supply the substance of the discourse.

When this is done under entrancement is it called *xenoglossy*. I have heard languages dead to this earth for many centuries come alive when spoken by spirit intelligences through mediums such as Mark Probert. Mediums while entranced will speak in foreign tongues of which they have no knowledge whatsoever in their normal conscious state. Apparently this often happened in the early or primitive Christian church, as the Bible speaks frequently of "speaking in tongues." The New Testament is filled with instances of nearly every form of mediumship! Only the blind can fail to see that the early church functioned with all of these supernormal powers, which are almost entirely absent from the modern church with its creeds and orthodoxies.

Physical Mediumship

A physical medium is a sensitive whose bodily chemicalization and psychic energies permit of utilization by discarnate operators in the production of external phenomena. Since I am not a physical medium I do not pretend to give instruction in the development

of these phases, but discuss herewith some of the types of unusual manifestations.

It is vitally important that a physical medium have a well developed and vigilant Band of etheric cooperators. The manipulation of his or her life energies is a subtle, often dangerous process and can result in damage to the nervous system and vital organs if improperly executed.

Hereward Carrington writes that in his experiments and sittings with Madame Eusapia Palladino, the famed Neapolitan medium, she was placed upon a scale on one occasion and her weight varied thirty pounds in the course of two hours! It would appear that the supernormal extrusion of thirty pounds of substance from a woman's body is not something to be done lightly or inexpertly.

The following are brief descriptions of better known types of physical phenomena:

Telekinesis: The supernormal direction of psychic energy causing movement of objects without any physical contact. Sometimes these are small, light objects but on occasion the Forces have moved heavy sofas filled with people, weighing up to one thousand pounds!

Somehow the energy is withdrawn, principally from the medium and partly from others present, and then is directed by invisible operators or Intelligences to produce the varied manifestations.

Levitation: This is the supernormal raising of objects, or the countering of normal gravitational influence. Jesus did this when he walked upon the water. The flying saucers do this when they rise rapidly into the atmosphere without any obvious or familiar means of propulsion. Jesus undoubtedly used his adeptic powers to control all the elements and natural forces surrounding him.

Spirits can levitate objects by directing force so as to overcome gravity and thus render them weightless.

Direct Voice: In this dramatic form of physical mediumship the Invisibles use the ectoplasmic substance to build up a temporary voice box, through which they are able to vibrate our atmosphere and thus make the sound of human voices. It is a dramatic experience to hear from the subtle ethers the voices of those who have passed from this plane!

Direct Writing: Under proper conditions the discarnate operators can produce writing on paper or other surfaces. Some years ago slate-writing was very popular, and there were mediums who excelled in its production from the Etheric.

Psychic or Spirit Photography: Sensitive photographic plates are imprinted with "extras" which upon development of the picture show as likenesses of departed friends or loved ones. Sometimes this is done without benefit of camera; sensitive plates are "exposed" while being held in the presence of mediums who are able to supply energy for this type of phenomenon.

Similar pictures or designs can be supernormally produced on silk, other fabrics and materials--all through action of discarnate forces in conjunction with a developed physical medium.

Apports and Materialization

Apport: A material that is brought into a sealed room, or taken therefrom, by supernormal means. The etheric forces raise the frequency of the object until it is no longer visible upon the material plane; then they move it easily through our "matter" to another place, whereupon the process is reversed. They then lower the vibrations and the object appears again in its material form.

Teleportation is a very timely subject because it undoubtedly provides a clue to the origin and maneuvers of the flying saucers and other strange aeroforms in our skies. It is declared by some etheric Mentors that these discs are mentally created in planes of Etheria, then projected in flight with the speed of thought. At a critical point in our atmosphere they lower their vibrations, or convert their frequencies, and are seen by us as material objects in our skies. When their scouting mission is over, or at will, they simply reconvert their vibrations and *emerge* upon a different dimensional level of existence. This sounds rather fantastic but it is the only inclusive explanation of all saucer phenomena that I have encountered during seven years of investigation of these strange craft.

Materialization: Of all psychic phenomena this is perhaps the most evidential of human survival of the change called death. From a materialization medium there is extruded sufficient ectoplasm (sometimes called psychoplasm, teleplasm or odic force) so that spirit entities can build up temporary bodies through which they can function again on this plane. The materialized bodies are usually short-lived, perhaps a few minutes at most, although the spirit Katie King materialized before Sir William Crookes and remained long enough to have lunch with Crookes and his party of scientific investigators! A rather curious mystery here is, what became of the lunch that she ate, after the spirit form was dissolved and the ectoplasm was returned to the bodily substance of the medium?

Hundreds of authenticated materializations have happened, to people of all walks of life and under full test conditions. Strange as it sounds, such things can and do happen. Ralph G. Pressing of the Psychic Observer has a number of photographs of materializations taken under test conditions at Jamestown, N.Y. The spirit forms are very plainly seen, as well as the sitters and the medium.

Maude Lord-Drake was one of the great mediums at the turn of the century. One evening in Leadville, Colorado she held a seance to which came a Kansas farmer who had buried his wife on the lone prairie the previous year. Imagine the surprise and overwhelming emotion of this man when his beloved wife materialized completely before him, embraced him and gave every evidence through her voice, words and presence that

she had survived the experience of transition!

Most religionists "believe" that they will survive death, but phenomena such as materialization provide the proof positive that death is but the portal into a different and larger life of the spirit.

Obsessions and Insanity

One of the stories circulated against mediumship is that it will drive one insane. Not long ago in an eastern city I heard from a ministerial colleague an accounting of the insane hospitals of that state in terms of the occupation of those who were receiving treatment. A very great many were medical doctors; lawyers formed a considerable percentage of those who were under treatment for insanity; there were a few orthodox ministers and priests, but the number of professional mediums was practically negligible! One might say from these statistics that one is far more liable to become insane if he is a medical doctor than if he is a professional sensitive!

But there is another side to the grave question of insanity. Those who train for mediumship and the unfoldment of higher faculties run small risk of insanity if they are properly guided and motivated. On the other hand, evidence from various sources indicates that a great many persons in all walks of life who do become unbalanced are suffering from spirit obsession. Doctors, lawyers, priests and businessmen are all human and thus subject to entity influence and control.

An epochal study in obsessional insanity and its relief was written by Dr. Carl Wickland and is entitled "Thirty Years Among the Dead." Wickland and his wife cured many cases of insanity by contacting the obsessing entity, explaining the conditions and releasing it into progression.

The hard fact is that our insane hospitals are in many ways the shame of America. Tens of thousands of miserable persons are in these asylums receiving nothing but custodial care. Modern psychiatry receives a very favorable press but *IN TERMS OF* RESULTS I think it is an abyssmal failure.

Most of our psychiatrists are materialists and understand little or nothing of the spiritual facts of life. Not understanding spirit influence, they are in no position to help or heal more than half of the insane persons in their custody. Surely one of the great developments of the next decades will be a true science of understanding obsessional conditions, and when the causes are understood a cure can be affected.

Many obsessing entities are not malicious but are simply "psychic drifters." They left the earth world filled with its desires and preoccupations, and found themselves confused and without light in the lower etheric planes. So they subconsciously seek earthly contacts, and perhaps drift into the auric influence of an unsuspecting mortal. A connection or psychic hold is established and the unfortunate mortal may be affected either in his physical or mental health, or both.

All great spiritual healers know how to treat obsession. The New Testament speaks of Jesus "casting out devils" time after time. I believe this is a mistranslation of the original meaning of the term, and it is my impression that the translation should read something like this: Jesus removed the influence of undeveloped spirits from the personal magnetism of certain persons, and they became well and whole again! Strictly speaking there are no evil spirits--only undeveloped, uneducated, unenlightened entities who are resisting the inevitable coming of Good and Truth into their consciousness. Evil is not metaphysically real; as Plato taught, it is essentially only the absence of the Good.

How to Sit With a Medium

The average person is filled with ignorance and perhaps superstition about mediumistic phenomena, and is unable to secure good results from a sitting because he doesn't know what to say or do. The following are a few simple suggestions that will make your sittings with a trance medium more successful:

Assuming that you have made an appointment in advance, you should meditate upon the sitting and think about the astral people that you would like to contact if they are available. In other words, make your mental appointments with astral friends before you enter the sitting. Mentally ask them to be present if possible and if conditions permit.

As you are seated and the medium becomes entranced, keep calm and relaxed, with an essentially spiritual frame of mind. Be positive in your expectancy of good to come from the sitting.

You will first talk to one or more of the Guides or Controlling Intelligences of the medium. Be courteous, explicit and act with good manners as you would during any other formal interview. Have your questions well in mind, and preferably written on a piece of paper before you come to the sitting. In this way you will not forget anything that is highly important to you.

The Guides will inform you of the presence of astral people and will transmit messages and replies to you. Have paper and pen handy and make notes if permissible, as it is easy to forget details under pressure of time and emotion.

Sometimes you will have the privilege of talking directly with your astral friend, but ordinarily the conversation must be carried on through the intermediary of a Control. Nonetheless, surprisingly evidential information can and does "come through" the etheric barrier between the worlds.

Do not question the material you receive and *DO NOT ARGUE OR BECOME NEGATIVE*. You will have plenty of time after the sitting to make your own evaluation of the truthfulness said. You are there to make as many contacts as possible and to get all the information that you can. Leave the details and fine points for analysis later at your leisure. Use simple good manners as you would in any normal conversation.

Do not attempt to instruct and advise the entities unless information is requested. You are there to listen and to learn, so be humble and receptive–yet with your ears open for details and items of evidential interest.

Some people always complain of unsatisfactory interviews with the Etheric but it is their own fault. Their consciousness is very negative and the Forces finally give up the contact as a more or less impossible task.

The best attitude is that of a courteous, sincere and wideawake seeker of truth. Keep your emotions under control and *KEEP THINKING* even if the turn of events is dramatic and unexpected. Give mental cooperation to your unseen Mentors and encourage them to tell you everything they can. Make your questions intelligent and to the point. With these conditions observed, if the mediumship is genuine and conditions in the astral are satisfactory, you are sure to obtain a very satisfying and enlightening sitting.

Visiting An Intuitional Sensitive

An interview or private sitting with an inspirational or intuitional sensitive follows most of the rules laid down for the trance interview, with the following differences. Of this I write from long experience, having given thousands of such interviews during the past fifteen years to people in all parts of America and Canada.

The intuitional counselor does not enter trance but does become subjective and is studying the etheric conditions around you, including the auric field. Usually his or her basic impressions of you will first be given, including the aura analysis, sometimes a reading of karmic influences from previous incarnations, and other general intuitive impressions.

Then you are permitted to ask questions or to raise for discussion any problem areas of your life. In my case this is informal and confidential, of course, and as the interview proceeds I give additional impressions concerning problems under discussion, and project their lines of tendency into the future. This is not fortune-telling in the common sense of the term; it is a projection of tendencies just as the stock market and grain markets are projected by experts who have certain facts and then extrapolate or direct their future lines of tendency.

When the most important problems have come under discussion and guidance I usually dwell then upon health and emotional problems. Impressions are given here as well, and then followed with metaphysical healing treatment as the case may require.

It is difficult to read a negative and hostile person. The psychic mind does not function well in the presence of doubt, ridicule and unbelief. If you have no faith in a counselor or medium do not waste his time or yours by going to him. Assume that you are going to receive help and truth, and you will do so.

Interpreting Your Communications

There are many knotty problems concerning the evaluation of communications or information received from sensitives. First of all, to believe that all of it will be one hundred percent true is to expect a great deal. Just because a soul has been graduated to the astral world is no sign that it is omniscient and knows the exact answer to every problem on the material plane. Nor does the intuitional counselor know the answer to everything.

The novice in psychical investigation is shocked when he discovers an error or untruth, and may retreat from all psychical research in disgust. The seasoned and wise investigator has an entirely different attitude. He knows that a certain percentage of error is almost inevitable. We are still dealing with finite minds upon a slightly higher plane, and only the Absolute Infinite Mind is perfectly truthful and omniscient.

So the careful investigator is *WATCHING FOR UNUSUAL ITEMS OF TRUTHFULNESS;* these are his pearls, and he will endure dozens of inaccuracies, if need be, to to receive two or three pearls of supernormal knowledge.

Prof. J.H. Hyslop, writing in 1902 in his noted work, "Enigmas of Psychical Research" stated that in his long researches he had found large margins of error and sometimes of deliberate fraud, even as high as ninety percent, but the ten percent of residual truthful information of evidential value was well worth all the struggle involved in obtaining it!

So one must be open-minded but careful. Do not make the mistake of swallowing whole everything that is said to you; but on the other hand, reject not without cause and good evidence to the contrary. Despite all the difficulties surrounding psychic and intuitional contacts, they are still wonderful sources of knowledge and guidance for a great many people.

Psychic Sensitivity in the New Age

The Aquarian Age whose birth pangs now so painfully assail us is known as an air age; that is, man will now attempt the conquest of space. But he will find to his increasingly great surprise that space is not "empty" in the least! It is teeming with life and intelligence, with vast orders of beings who are far beyond our human species in evolution! If Capt. Aura Rhanes and others are right, then it would seem that our earthly school is perhaps the low kindergarten of the solar universe!

Man cannot understand and "conquer" space until he learns more of consciousness, psychic science and astral wisdom. As time unfolds this will be seen to be the greatest challenge of the new day. Materialism with its wars, hate and savage competition is dying with the age that is passing away.

The new and more Golden Age will see infinitely greater spirituality among the children of men. There will be cooperation replacing dog-eat-dog competition; war as an instrument of policy will end as it is revealed as mankind's last great stupidity. As society becomes more civilized our prisons and asylums will begin to disgorge their swollen populations, and science will be applied to increase the productivity of nature and the machine in every respect.

Does all of this seem fantastic? Not any more. It is not even as fantastic as the thought of space craft coming here from distant bodies in the solar system. Yet *THEY ARE HERE NOW AND THERE IS ABSOLUTE EVIDENCE OF IT.*

The flying saucers, bless them, represent the most immediate and irrefutable evidence that the New Age is close at hand. That is why we have talked about them so much and will continue to do so. They are the greatest story for our unhappy planet since the birth and mission of Jesus! Yet the wiseacres and fools among our so-called educated classes do not understand them, and may even resist the disclosures that they are sure to make to those with eyes to see and ears to hear.

Natural Unfoldment of Faculties

Within a generation or two our humanity will regard the experiences of extrasensory perception as easily as tuning in now on a television set. We shall be in frequent and intimate contact with our friends in other dimensions, and will undoubtedly have television-like instruments of great sensitivity that will span the vibrational bridges between worlds. The only separation is one of vibration, and surely that will yield ere long to our expanding knowledge of electrical science!

Best of all, thousands of men and women will tune in themselves. Conscious contact and cooperation with the Higher Planes will be as common as perhaps gambling and horse-racing are among us now. The whole conscious basis of life in human society will change. Our rather miserable religious orthodoxies will give way before the overwhelming tide of *DEMONSTRABLE TRUTH* about life in the hereafter--also evidence anew of the truths of reincarnation and karma.

A great dream, you say? I believe it is a partial vision. Faintly, I see far ahead the outlines of a new and better day for our species. I cannot believe that we are going to stupidly do ourselves in like senseless animals of the basest sort. The Powers That Be have not patiently carried human evolution thus far to blow it all up in a holocaust of cobalt bombs.

Spirit is our guide and watchword. Our help comes from above, and beyond, and within. It is up to each one of us to sensitize our awareness so that we may become points of cosmic contact and guidance. God is guiding the world through each one of us as focal points of contact. With such limitless Power loving and aiding us, how can we help but succeed?

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